

Sanford UU Church 5 Lebanon Street Sanford, ME 04073

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Like us on Facebook
Minister: Rev. Shay Mack

Minister: Rev. Shay MacKay Religious Education: Mesha and

Ryan Quinn

Choir Director: Rev. Charles Grindle

Pianist: Ruth Leipold

Newsletter Editor: Mona Ouellette Church Historian: Helen Kane Maintenance/Sexton: Bill Ouellette

Sanford Unitarian Universalist Church UU NOTES Volume XLIII August 1, 2018, Issue 2

UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person.
- * Justice equity, and compassion in human relations.
- * Acceptance of one another and encouragement to spiritual growth in our congregations.
- * A free and responsible search for truth and meaning.
- * The right of conscience and the use of democratic process within our congregations and in society at large.
- * The goal of world community with peace, liberty and justice for all.
- * Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)

Summer Worship Services are Held in Goodall Hall at 9:30am Everyone is Welcome!

August 5th *The Music of David Larrabee* - David Larrabee - Guitarist, vocalist and songwriter David Larrabee will travel from East Wakefield, NH to share some of his favorite music including folk and blues along with some original songs. He'll sing and play guitars that are acoustic, slide electric, and specially customized. David will discuss his musical process and influences. He has played SUUC worship service "special music" a number of times. David and his wife Ruth and their family have a connection to our church going back thirty years.

August 12th Experiencing God - Sharing the Many Ways We Ask for Help, Express Gratefulness and Experience Awe - Diane Whiteside-Peck

August 19th All Things Centennial - Helen Kane

August 26th Award Winning Service - Clare Fortune Lad



Shay's Sharing...

I got a new daily planner this week and have been sitting here, leafing through the blank pages, imagining all the things that will begin to fill my days as I settle in with you. There will be business-y things like office hours and committee meetings. There will be minister-y things like sermon writing and public witness. We will come together for Sunday services and coffee hours and picnics and book groups. And we will share all the sacred moments in between and at either end of our daily routines – births and deaths, new relationships and broken hearts, job losses and new opportunities, getting old and being too young, tender moments and righteous anger.

Of all the things I want to say to you, all the ways I want to open myself to you, the most important is that I am here for you. Call me, email, drop in for a visit. I hope that as we get to know each other, we will build trust, learning that we can depend on one another. I promise to do my best to uphold my end of this shared ministry, and that means that I'm yours.

I also strongly believe in good boundaries! My life with Diana and Aidan is what keeps me going, so the time I spend in New Hampshire with them is extremely important. Nature, music, animals, and books are the wind that refreshes and soothes me – and as an introvert, I prefer to do most of those things alone. All of this is to say that I will love you *and* I will need my time away.

Together we will learn where our boundaries lie and when it is important that we be together. We will discover how much we want to share and how we want to share it. For now, let's err on the side of "always feel free to call or email Shay." If I can answer immediately, I will. If not, I'll get back to you as soon as I can.

For some guidelines, here is my tentative schedule. We'll try this out and see if it works for all of us. I will always welcome suggestions and feedback from you as we figure this all out together.

Mondays: Sanford office hours 11:00am-5:00pm Tuesdays: Saco/Biddeford office hours 11:00am-2:00pm

Sanford office hours 2:30pm-5:30pm Wednesdays: Saco/Biddeford office hours 11:00am-5:00pm

Thursdays: Sermon Writing Day (availability will be limited)

Fridays and Saturdays are my "weekends." On Fridays, my Sabbath, I will be available for emergencies only. On Saturdays, I'll be available as needed for special congregational and community events, as well as weddings and memorials; otherwise I'll be enjoying New Hampshire, or all the beauty of Maine, or my couch. Hopefully, by October, we'll get some adult RE classes and spirituality groups going in the evenings, as well as more informal times for you to come just hang out and chat with me.

Despite the confusions and miscommunications of this summer, as your Board and I tried to get things going from 3,000 miles apart and with jobs and families and vacations and life in between, I am committed to this being a *shared* ministry, one in which we all, hopefully, feel welcome and our voices valued. I'm very excited to be with you and am looking forward to all the adventures we'll go on together!

Peace, Reverend Shay MacKay revshaymackay@gmail.com

(207) 518-8059 pronouns: she/her/hers

Thoughts From the President

One more summer month, and then we Gather In to start a year that frankly makes my heart jump with excitement! This newsletter is packed with examples of who we are and what we can accomplish together, as we forge new pathways with sharpened scythes of creativity and love.

A week away with my siblings has just ended. With both my parents having passed into the great energy world, my brother, sister, sister-in-law, and I carry on the connections with family. It is nice work. I hope your summer has been rewarding also, and that you've enjoyed the variety of our summer services.

Today, Reverend Steve Cook continues his calling in a new church, and passes the SUUC pulpit and office to Reverend Shay MacKay. To borrow a phrase from the gray hymnal, how can I keep from singing! Stay well, and prepare yourselves for excitement! In hope, Diane

We Have a Painter for the Church!

The painter was also asked for an estimate to paint the sanctuary ceiling, anticipating some economy if both projects were to be completed at the same time. The sanctuary ceiling has been a high priority for both Bob McCormick and Bill Ouellette who maintain a "Priority To Do Maintenance List" due to rust stains showing through the ceiling paint.

The quote came back at under \$15,000.00, the amount approved by the Board, for both outside trim and sanctuary ceiling!

The painter has a "window" open in August; this will allow scaffolding to be put up and remain in place until the painting of the ceiling is completed.

Should our good fortune continue, both the outside trim and sanctuary ceiling of the church will be freshly painted to receive our new minister for her 1st service in our church. Marcel Gagnon

Common Good Reminder

Yes, it is time to begin thinking about signing up to volunteer for our Common Good! Our sign-up sheets for the Common Good (greeting, providing flowers, hosting coffee/social hour) are located on the bulletin board in the Parlor. The sign-up sheets give everyone an opportunity to add their name to the dates they would like to greet, supply flowers and/or host our coffee/social hour. We would like to see everyone participate 2-3 times over the year if possible. In every case, you will receive an email reminder the week before your chosen date(s). Thank you for your participation

Watercolor Workshop - Sunday, August 11, Georgia Renfroe will have people meet at her house, 136 Old Mill Road in Sanford, for the auction watercolor workshop. She'd like to begin around 12:30-1:00pm. If you have your own supplies please feel free to bring them. If you do not, no worries as she has all the necessary supplies. She will provide still life inspiration and she has a collection of landscape images to use for ideas. However, If you have photos or objects that you would like to bring, please do so. If you have any questions, or would like to join the class at the last minute, please contact Georgia at georgiarenfroe@gmail.com or call 978-886-0250. In addition, Evelyn LaBree might be creating some jewelry as well; so for anyone else who would like to make jewelry, Georgia has supplies for that too.

Church Directory - Towards the end of September we will have a new church directory. If you have any changes regarding your phone number, address or email address, please make note of it on the draft directory located on a table in Goodall Hall. We want to make sure our directory is as accurate and up-to-date as possible. Please indicate if the listed phone number is a cellular phone, whether or not you can be texted, and how you want to be notified in an emergency. (i.e. call, text, or email). Thank you.

SUUC Choir - Do you like singing in a choir? Finding it hard to make a big time commitment? Are you more comfortable in a liberal, affirming spiritual community? We may have just the right situation for you! The Sanford UU Church is searching for singers who like to make good music, and have fun doing it. If you can commit to three rehearsals before we sing, which is eight times a year, you're in. You don't need to be able to read music, just have good ears and be ready to be a part of a fun and challenging choral experience. FMI, contact Rev. Charlie Grindle at interfaithchap@gmail.com. Anyone who likes to sing is welcome to join us!

MUUSAN - Maine Unitarian Universalist State Advocacy Network is looking to strengthen and deepen its relationships with the 25 Maine congregations. One way they are hoping to do this is by having more folks subscribe to their email news. It's easy to get overwhelmed with all the emails coming our way, but I have been assured there are only 4-5 per month. This would provide Action Alerts, announcements of MUUSAN Network meetings, and news about other opportunities. You can also connect with MUUSAN through Facebook. http://facebook.us7.list-manage.com/subscribe?u=199901c5903119f799e5596bc&id=f1ad3c57e0 Click on the link provided and it will take you directly to where you need to be to sign up.

Board Meeting - The first Board meeting of the new church year will be held on the second Monday (new day for the Board to meet) of the month, September 10th. We will begin with a potluck supper at 5:30pm and the Board Meeting will run from 6:00pm to 8:00pm.

Office Hours - Summer office hours of Wednesday, Thursday and Friday, 7:00am to noon, continue through August 24th.

Water Service - As the summer winds down, we would like to remind you that during our first service, which will be held on September 9th ,we will gather to celebrate and reconnect with our annual Water Celebration and Ingathering. We will mingle the waters we have collected over the summer, please don't forget to bring your collected water on that day.



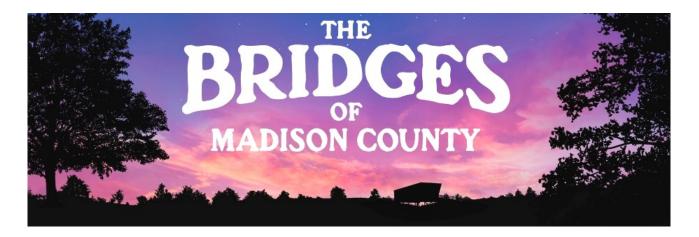
August 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Newsletter Day	2	3	4
			Project Com. 6:30pm-8:30pm in Goodall hall Narcotics Anon. in Vestry 7:30pm to 9:00pm	VNM Vestry 5:00pm	AA in Vestry 6:00pm to 7:00pm	
5 Summer worship 9:30am with David Larrabee	6	7	8	9	10	II Church Work Party 8:00ish to noon Georgia Renfroe watercolor workshop at her home,
AA in Vestry 5:00pm to 6:15pm	MUUSAN and MPA in GH 5:00pm-8:00pm	MTN meeting in Parlor and GH 6:00pm	Narcotics Anon. in Vestry 7:30pm to 9:00pm	VNM Vestry 5:00pm	AA in Vestry 6:00pm to 7:00pm	12:30ish SUUC & UUSBC fundraiser at the Hackmatack Playhouse 5:30pm to 10:00pm
12 Summer worship 9:30am with Diane Whiteside-Peck	13 MUUSAN and MPA	14	Project Com. 6:30pm-8:30pm in Goodall hall	16 VNM Vestry	17 CC sets up	18 CC Open 10:00am to 1:30pm
AA in Vestry 5:00pm to 6:15pm	in GH 5:00pm-8:00pm		Narcotics Anon. in Vestry 7:30pm to 9:00pm	5:00pm	AA in Vestry 6:00pm to 7:00pm	
19 Summer worship 9:30am with Helen Kane	20	21	22	23	24	25 SUUC and UUCSB Board Retreat at Ferry Beach
AA in Vestry 5:00pm to 6:15pm	MUUSAN and MPA in GH 5:00pm-8:00pm	MTN meeting in Parlor 6:00pm	Narcotics Anon. in Vestry 7:30pm to 9:00pm	VNM Vestry 5:00pm	AA in Vestry 6:00pm to 7:00pm	
26 Summer worship 9:30am with Clare Fortune Lad	27	28	29	30	31	
AA in Vestry 5:00pm to 6:15pm	MUUSAN and MPA in GH 5:00pm-8:00pm		Narcotics Anon. in Vestry 7:30pm to 9:00pm	VNM Vestry 5:00pm	AA in Vestry 6:00pm to 7:00pm	

Summer Church Fundraiser – UUCSB & SUUC

Saturday, August 11, 2018 – 5:30pm to 10:00pm At The Hackmatack Playhouse, Berwick



A musical about the forbidden love affair between a traveling photographer and a rural housewife. Based on the best-selling novel and hit movie, this Broadway show received four Tony nominations in 2014.

We would like to have you all join us for a fundraiser to help support both Churches. Come join us on the grounds of The Hackmatack Playhouse for a picnic dinner and a time of socializing, then attend the show. It will be an exciting evening. A little side note here, the Director of the show also happens to be the daughter of a UUCSB member!

You are asked to bring your picnic dinner, sit in the picnic grove with us, as well as to please bring some type of dessert bagged up, so that we may sell to the public. (Sort of like a penny bake sale).

The ticket cost is: \$30.00 per ticket, which we will then receive \$15.00 per ticket as our fundraiser. Thus, you get to see the show, but you also help support our Churches.

For tickets, please contact or see Tom Muise at UUCSB or Janis Sacco at SUUC (457-9268, jrsacco@metrocast.net)

2nd Century Update #6 July, 2018

2nd Century Capital Fund

by David Agan

In 2005, a developer made an inquiry to Rev. Sue about the possibility of buying our church building. It seemed to be a desirable location for a pharmacy on this busy corner of two state highways. Although an offer was never formally made, the question of staying in our old building or selling it in order to build a more modern building elsewhere in Sanford had been raised.

The Board established "The Future: What's next?" task force to consider all options. This group met several times in 2005-06 with co-chairs Aileen Fortune and Bill Lotz. When the question was brought forward, the congregation voted overwhelmingly to stay on this corner in the middle of town. It was recognized that preservation and modernization measures would be needed for continued use.

During 2007-08, church leaders Lisa Huestis, Aileen Fortune, Lee Burnett, and Reverend Sue along with leaders from other small New England churches participated in a year-long UUA Sacred Spaces process to prepare for making capital improvements and developing funds for them. In the next year or two, possible changes were discussed and imagined. A skilled architect drew up a comprehensive building plan to meet recognized needs at a potential cost of \$500,000. This plan was not carried out.

In 2009, the congregation focused its attention on a year-long 100th anniversary celebration of its founding in Sanford Town Hall. In 2010 and 2011, basic capital needs were identified, an energy audit done, and a fund campaign planned. The purpose was to secure the church building into its second century which would begin in 2018. In November 2011, the 2nd Century Capital Fund campaign was kicked off by a team that included Lisa Huestis, Aileen Fortune, Lee Burnett, Pat Herrick, Reverend Sue, and David Agan. SUUC members and friends made generous gifts and three-year commitments.

The initial funds raised allowed for installing a kitchenette in the parlor and making the bathroom handicapped accessible. In addition, these funds covered the reroofing of the Sanctuary.

Following the successful campaign kickoff and initial work, a Capital Fund team managed further fund development and capital improvement. This team was Lee Burnett (Chair), Howard Dupee, David Agan, and Rev. Sue.

Over the next five years, donation commitments were met, new gifts solicited, memorials and a bequest received, grant funds accepted, and a significant investment made. Together, they totaled more than \$225,000 between 2011 and 2017.

Between 2013 and 2016, the following capital projects were completed: replacement of obsolete electric wiring in Sanctuary; insulation of Goodall Hall, parlor, vestibule, minister's office, and Sanctuary; replacement of 6 deteriorated windows in nursery, meeting room, and library; roof trusses reinforced and secured; and bulkhead fixed.

As a part of the continuing Capital Fund campaign, the 2nd Century team introduced a "Green '15" appeal to provide funding for Sanctuary insulation, two mini-split electric pumps to heat and cool the staff office and meeting space in Goodall Hall, electric conversion system, and an array of solar panels on the southwest roof of Goodall Hall. This appeal was successful and included an investment by Art and Celina Dumas to purchase the solar array. The electricity generated by the panels continues to be donated to the Church for electric heat/cooling and other uses by the Dumas Family.

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2nd Century Update #6 July, 2018

2nd Century Capital Fund Continued

by David Agan

The insulation of the church and Goodall Hall, installation of solar panels, and heat pumps were intended both to reduce energy use and use clean energy. In 2016-17, the annual oil bill was less than a half of what it had averaged in the eight years prior to the 2nd Century capital work being completed. Oil still was heating all the church but Goodall Hall. Even after electricity began to heat and cool Goodall Hall, donated solar power reduced the overall electric bill to less than a quarter of what it had been. In just over two years after solar generation had begun, the church had reduced carbon dioxide emissions by 18.39 tons from what it would have been with conventional electric generation.

One significant grant was a 2017 matching grant totaling more than \$27,000.00 from the Maine Community Foundation's Steeple Project to engineer, repair, restore, and secure the structural integrity of our church tower. This work was completed in summer 2017.

In 2018, our old "Church on the Corner" is in much better shape thanks to the generosity of members and friends, as well as some outside funding sources.

2nd Century Update #7 July, 2018

A Phoenix Rises: The Coming of the Muirs

by Pat Herrick

My husband Don and I and our 3 children started attending the Sanford Unitarian Church in April of 1975. The minister at the time was a fine speaker and we met wonderful people, but attendance was at, what I have since learned, the lowest it had ever been. Some Sundays there would only be five to ten people in church and often there were no children other than ours.

The church seemed to be having problems, but even with problems it seemed to be a good fit for us and our family. The music was wonderful, the spiritual message gave us the freedom we needed, and the people we met were interesting and fun. Soon without much fanfare, from our perspective, the minister disappeared and in 1976 a new minister was being considered as a candidate. We were not involved in this process but George Willard described to us how he had broken a window to get in to the church to allow the new minister, Fred Muir, to see the inside of the building. Soon Fred and Karen Muir accepted the call to be our minister and moved from New York City to Sanford, Maine.

From the beginning they tried to meet our every need. They were young, enthusiastic and, with a young child of their own, very welcoming to all, especially families with children, They soon learned the difficulty of the task they'd set for themselves but they jumped into helping our church become a vital and interesting place. One of the obstacles they dealt with was a disorganized church structure with a tiny actual membership but many inactive people still on the rolls as members. Another difficulty/gift was our sexton Fred Allen, who had grown up in the church and knew everything about the building and a great deal about the people who had been members. He also felt that there was only one way to do things! In order to bring any changes to the church, Fred Muir had to first convince Fred Allen that the change was good, then as minister he would propose it to the board or congregation.

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2nd Century Update #7 July, 2018

A Phoenix Rises: The Coming of the Muirs Continued

by Pat Herrick

One of the first new things that Karen Muir did was to establish a youth group. Her efforts were so successful that many of the young people of our church families and many teens from the community attended the meetings every week. Karen and Fred both could see the funny side of things and always kept self deprecating senses of humor. This was particularly appealing to young people and they stayed in our church through the Muirs' entire ministry.

Fred started contacting people with lapsed memberships and person by person, family by family, our active membership increased. Members of the Nasson College community started coming or returned to our church. Change is not easy and often these returned members were not happy with what was happening; it's a tribute to Fred's common sense and negotiating skills that he could rebuild the congregation, staying true to his beliefs of what a church could be. He constantly put up with comments about his not raking the leaves on the parsonage lawn soon enough or many other petty grievances. He always seemed to keep things in perspective.

A few of the programs that were instituted during the Muir ministry were soup group once a week, (Fred would make a pot of soup, get some bread and a few of us and some community people would sit down together for lunch), fund raisers, including the annual auction that was started at that time, poetry group, ballet and other dance classes in Goodall Hall, forums on a current topic before church, candidate nights for local and state offices, vigils and demonstrations at Washington Square. Also the Sunday School (Religious Education Program) was revitalized and expanded. Attendance at Sunday services grew and our membership grew also.

We received the benefit of two people for the price of one and I will always be grateful that they would give us that gift. I wish we had paid them more and appreciated them more while they were here. I know that their wise and sensible leadership and their sense of fun and love of a good time was precious to me and I will always be thankful for them!



Bob appreciated Heather Edgerly guiding attendees in a compassion meditation at the July 29th service.



Our urban setting.

Board 2018-2019

President: Diane Whiteside-Peck - June 30, 2019 **Vice President**: Karen Nelson - June 30, 2019 **Clerk**: Janie Waterhouse - June 30, 2020

Financial Secretary: Ginny Howe - June 30, 2020

Treasurer: Marcel Gagnon - June 30, 2019

Liaisons: Patty Kidder - June 30, 2019 - Judi Reis - June 30,

2020 - Cheryl Weymouth - June 30, 2021

DREs: Ryan and Mesha Quinn

Church Leadership 2018-2019

Budget and Finance Chair:

Building and Grounds: Bob McCormick

Caring Circle Chair: Gail Burnett

Choir: Charles Grindle

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen

Kane

FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe,

Deb Folsom

Fundraising Coordinator: Jan Sacco Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: John Steffens, Peg

Sawyer, Art Dumas, Howard Dupee Members and Friends: Tonia Chase Music Committee Chair: Melody Wood

Nominating Committee: Lisa Huestis 2019, Vickie Bugado

2020, David Agan 2021

Religious Education Committee: Stewardship/Members: Helen Kane Women's Alliance: Nancy Farnham Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay, Patty Kidder, Mesha Quinn, Evelyn LaBree, Tom Huber, Bev Brent, Judi Reis, Jan Sacco, Janie Waterhouse, Vicky Bugado, Cheryl Weymouth

Caring Circle - Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness or in the event of hospitalization. Please call Gail at 324-1596 if you need assistance.

Minister - Rev. Shay MacKay. In the event of a pastoral emergency, please contact Rev. Shay at 207-518-8059 or via email at revshaymackay@gmail.com Beginning September, Shay's office hours will be held on Mondays from 11:00am-5:00pm and Tuesdays 2:30pm-5:30pm

Administrative Office Hours - Summer hours are held on Wednesday, Thursday and Friday - 7:00am-noon info@sanforduuchurch.org

Co-Directors of Religious Education - Mesha and Ryan Quinn - dre@sanforduuchurch.org

UUCSB Leadership

President: Al Casad

Vice President: Niki Norman
Treasurer: Wendy Coleman
At Large: Mojens Ravn, Pat Snyder, James Stranderfer,

Anne Dobson

Please contact UUCSB at uuchurch@gwi.net for

contact information

SUUC Church and Community Groups

AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in Vestry

<u>Board Meetings:</u> Will resume in the fall - Save the date for the Board Retreat at Ferry Beach - August 25th

Book Group: Will resume in the fall

Choirs: Will resume in the fall

<u>Church Work Party:</u> The next work day will be held on Saturday, August 11th from 8:00ish-noon

<u>Corner Cupboard:</u> Next date the CC is open is August 18th from 10:00am-1:30pm

Maine Transgender Network (MTN): Meets on the first Tuesday of the month at 6:00pm in the Parlor and GH and the third Tuesday of the month at 6:00pm in the Parlor

Music Lessons: Mondays 4:30pm-7:00pm and Wednesdays 9:00am - 11:00am in the Sanctuary

MUUSAN and MPA: Meets on Mondays in Goodall Hall from 5:00pm to 8:00pm through November 5th

<u>Narcotics Anonymous:</u> Meets every Wednesday in the Vestry from 7:00pm to 9:30pm

<u>Project CommUnity:</u> Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm. Please email us at the following: projectcommunity@gmail.com or join the group on Facebook!

<u>Violence No More</u>: Every Thursday at 5:00pm in the Vestry

<u>Women's Alliance:</u> Meets the second Wednesday of the month at 12:00 noon

Worship Associates: Will resume in the fall