



## *Shay's Sharing...*



I've been thinking a lot lately about patience; more specifically, about how I could use more of it in my life. A couple of weeks ago, I was standing in the check-out line at Target, grumbling to myself about picking the "wrong" line. You know, the line that's not moving *at all* while those on either side appear to be zipping by; the line where the shoppers ahead of you have a handful of expired coupons to use, can't find their checkbook, or picked a damaged item and are now waiting for a replacement to be found.

Well, on this day, the line I had chosen wasn't moving because (in my opinion) the cashier was slow and distracted by chatting with her customers. As I impatiently shifted from foot to foot and sighed loudly while pretending to peruse the magazine covers in the rack, I eavesdropped on the conversation happening between the cashier and the customer in front of me. The cashier asked the woman about the cat litter box she was buying and I frowned and gave another sigh, anticipating an even longer wait.

And then I watched as the customer's head came up, her posture straightened, and her whole face lit up with a smile. She began talking about her daughter, whose cat was going to be the recipient of the many items she was buying. She told an amusing anecdote of the rambunctious cat and I found myself smiling as I was drawn into her story. The cashier laughed and nodded, maintaining eye contact and a gentle attentiveness as she continued to slowly slide items across the scanner and bag them.

When the story came to an end we were all laughing together and as the woman paid for her items and said goodbye, I realized the tension had left my body and the tight, frustrated knot that had lodged in my chest was gone. I had a smile on my face and I felt a million times better because of it; because a "slow" cashier had taken the time to ask a question, to really *see* the person in front of her; because sometimes while we are waiting a moment of grace occurs.

Maybe it's not always important to be done the fastest or get there the quickest. Maybe sometimes it's better to stop and breathe, smell the roses. Maybe sometimes we need to take the circuitous route rather than go in a straight line. And maybe, someday, after a lot of practice in patience and waiting, I'll be the person who can make someone's face light up when I take the time to ask about her daughter's cat.

Rev. Shay

## Thoughts From the President

In the spirit of the five-course meal many of us enjoyed on Thanksgiving day, here are a few dishes cooking on the S.U.U. Church stove:

- 1) Karen's research on and development of our becoming a sanctuary church;
- 2) Connor's arising from one of our church groups to become our new "Snow Man", keeping our steps and ramps clear of snow just before the first storm!;
- 3) Howard's gathering of bids to at least seal, and possibly abate, the asbestos tiles downstairs;
- 4) UUCSB's wanting to explore and create more Get-Togethers between our two churches (Adult RE? Social Events? A Shared Website? And more?)
- 5) Once again asking you, as a member, to consider replacing the antique furniture which currently lives in the minister's office; shall we vote on it after the holidays?

Peace to each of you as December brings its surprises.

In Hope, Diane

## Updates from the Covenant of Right Relations Team

Your Covenant of Right Relations Team (Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay and myself) has hit the ground running. We're researching what other UU churches are doing and reviewing resources from the UUA. We're learning, discussing and beginning the process of creating a covenant of right relations for our church community. We will meet next on December 3. Watch this space for regular updates.

### Some personal reflections:

Last June, I had the exciting opportunity to attend our UU General Assembly (GA) in Kansas City. It was a rich and inspiring experience for me in so many ways. I attended one particular concurrent session, "Dealing with Difficult Behavior in the Congregation" that has stayed with me ever since.

The highlight for me was learning about "Covenants of Right Relations". These are active, dynamic documents that become a living part of congregational culture. They articulate specifically how we want to live our values together, especially when it gets hard. They are tools for communicating respectfully, being accountable and learning to interrupt behaviors before they rise to the level of needing to consult the Disruptive Behavior policy. They help to create safe environments for congregational life.

I've thought about this a lot since June. I've wondered how our congregational life at SUUC might have been different in the last few years had we had a Covenant of Right Relations and all were empowered, accountable and confident in living it. During this recent time of transition, there has been expected anxiety and conflicts as we moved through so many changes. Perhaps because of my church leadership role, it often felt harder than it needed to be.

Looking back, I have wondered if a Covenant of Right Relations would have given us a strategy for addressing difficult behavior earlier, and moving through conflict more gracefully? I believe it would have made a difference. Moving forward, our goal is to create a safe environment in which everyone is empowered to act in ways that foster a loving and growing community.

I am a part of this work because I believe a Covenant of Right Relations will make SUUC a stronger, safer and more dynamic faith community for our second century. Aileen Fortune

**Church on the Corner Centennial Celebration**



SUUC Celebrating 100 Years Under One Roof



So Much Fun



Direction



It's Gonna Be Good!



Historian, Researcher, Playwright,  
Poet, Author, Producer, Director



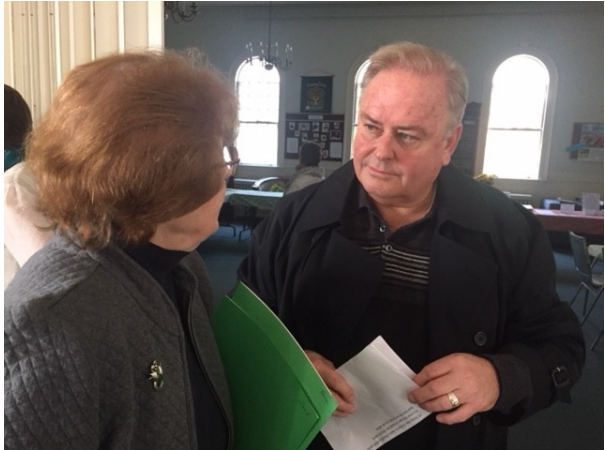
The Kidders



Sharing Wisdom



## Church on the Corner Centennial Celebration Continued



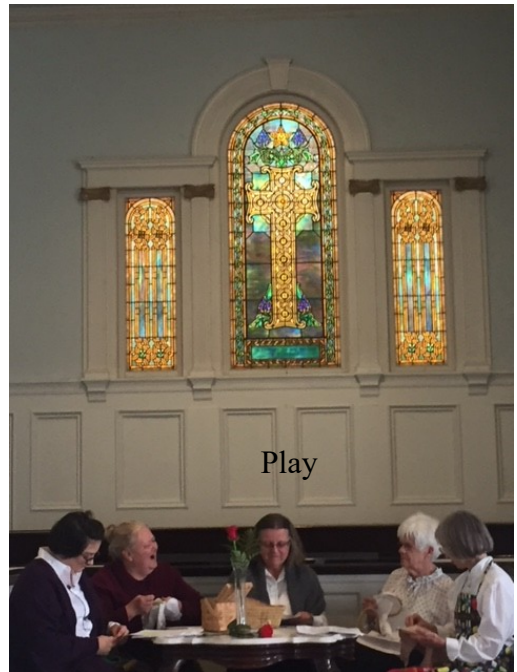
Individual Attention



Acton Actors



More Actors



Play



Persian Tango From Regeneration Production



Making Beautiful Music Together



# Celtic Harp on Holiday!

*With*

*Regina Delaney*



*Sunday, December 9, 2018 at 2:00pm*

Sanford UU Church - 5 Lebanon Street - Sanford, ME

The Sanford Unitarian Universalist Church invites you to be swept away by the ethereal echoes of the Celtic Harp and usher in the Christmas season with Celtic Harp on Holiday! - a concert featuring Regina Delaney. An accomplished harper, dancer, and singer, Regina has been performing traditional Celtic music since 1997. In the United States, she has studied Irish harp with Aine Minogue and Maeve Gilchrist, and in Ireland with Janet Harbison and the Belfast Harp Orchestra. Regina founded and directs The New England Irish Harp Orchestra and is an artist on the New Hampshire State Council on the Arts roster and the Maine Arts Commission. Regina also performs hard and soft shoe step dancing, ceili and set dancing, and teaches harp and ceili dancing throughout New England to students of all ages. Join Regina at the church as she guides us on a magical musical journey through the Celtic nations, weaving traditional melodies, poetry, and dance with songs of the Christmas season. Reception of home-baked goodies, coffee, tea and cider to follow the concert.

**Tickets in advance or at the door: Adults - \$15, Children (5-18) - \$10,  
Family (2 adults + children) - \$45, Children under 5 FREE.**

**Parking at nearby Midtown Mall**

## **SUUC Book Group**

The SUUC Book Group will not meet in December due to the busy holiday season. The SUUC Book Group will meet January 25 at 6:00pm in Goodall Hall to discuss Alan Lightman's *Searching for the Stars on an Island in Maine*. From the acclaimed author of *Einstein's Dreams*, here is an inspired, lyrical meditation on religion and science that explores the tension between our yearning for permanence and certainty, and the modern scientific discoveries that demonstrate the impermanent and uncertain nature of the world. All are welcome.

## **Guest at Your Table-Unitarian Universalist Service Committee**

The UUSC was founded in 1940 to help refugees fleeing Nazi persecution, following the work of Rev. Waitstill Sharp and his wife Martha. The mission of the UUSC is to advance human rights and social justice around the world by partnering with local grassroots groups to confront human rights abuses, and to defend the rights of those displaced by humanitarian crises due to climate, violence, or economic hardships. Each year UU churches around the world ask their congregations to participate in a fundraiser, "Guest at Your Table", for the work of the UUSC. This year's focus is "Justice Across Borders." Guest at Your Table boxes are available for pick up in the parlor. Between now and our collection in early January we will learn more about migrants and the work of the UUSC to support them, as well as the projects of the UUSC across the globe.

## **Brown Bag Suppers with Rev. Shay - Mondays from 5:00pm to 6:30pm**

Beginning on Monday, December 3rd, every week Rev. Shay will be eating her supper in the Parlor from 5:00pm to 6:30pm. Everyone is invited to come hang out for a time of getting-to-know-you and informal conversation. Bring your own supper – leftovers or McDonalds or whatever you use to nourish your body – and spend some time building relationships that will nourish your soul. *Because of the Holidays, we will not be gathering on December 24<sup>th</sup> or 31<sup>st</sup>.*

## **Help with Harp Concert is Needed**

Jan Sacco would like to have help with making holiday treats for the harp concert held at the church on December 9th. Please email Jan at ([jrsacco@metrocast.net](mailto:jrsacco@metrocast.net)) or call (207-457-9268) to volunteer. A sign-up sheet is also located in the Parlor. Thank you!

## **Worship Associates**

The next Worship Associate meeting will be held on Sunday, January 13th from 12:30pm to 2:30pm.

## **Vacuum Cleaner Needed**

Paul Praschak is in need of an upright vacuum cleaner that he could have. If you are able to help, please contact Diane Whiteside-Peck. Thank you.



# December



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 World AIDS Day
2 Worship Service 11:00am with Rev. Beverly Brent  AA in Vestry 5:00pm to 6:15pm	3 Newsletter Day  Brown Bag Supper with Rev. Shay in the parlor 5:00pm- 6:30pm Covenant Of Rights Team meeting Bell choir rehearsal 6:00pm, adult choir rehearsal 7:00pm	4  MTN meeting in Parlor and GH 6:00pm	5  Project Com. 6:30pm -8:30pm in Goodall hall  Narcotics Anon. in Vestry 7:30pm to 9:00pm	6  VNM Vestry 5:00pm	7  AA in Vestry 6:00pm to 7:00pm	8 Church Work Party 8:00ish to noon
9 Youth choir rehearsal 9:45am  Worship Service 11:00am with Rev. Shay  Celtic Harp Concert 2:00pm  AA in Vestry 5:00pm to 6:15pm	10 Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm  Board Meeting 5:30pm potluck, meeting 6:00pm- 8:00pm  Bell choir rehearsal 6:00pm, adult choir rehearsal 7:00pm	11	12  Women's Alliance meeting at noon  Narcotics Anon. in Vestry 7:30pm to 9:00pm	13  VNM Vestry 5:00pm	14 CC sets up  AA in Vestry 6:00pm to 7:00pm	15 CC Open 10:00am to 1:30pm
16 Youth choir rehearsal 9:45am  Worship Service 11:00am with Rev. Shay  AA in Vestry 5:00pm to 6:15pm	17  Brown Bag Supper with Rev. Shay in the parlor 5:00pm- 6:30pm  Bell choir rehearsal 6:00pm, adult choir rehearsal 7:00pm	18  MTN meeting in Parlor 6:00pm	19  Project Com. 6:30pm -8:30pm in Goodall hall  Narcotics Anon in Vestry 7:30pm to 9:00pm	20  VNM Vestry 5:00pm	21  Winter begins  AA in Vestry 6:00pm to 7:00pm	22
23 Worship Service 11:00am with Rev. Shay  AA in Vestry 5:00pm to 6:15pm	24  Adult choir, UU Notes, harp, youth, bells, run through 2:00-4:00  Christmas Eve Service 7:00pm with Rev. Shay	25 Christmas Day	26 Office is closed  Narcotics Anon. in Vestry 7:30pm to 9:00pm	27  VNM Vestry 5:00pm	28  AA in Vestry 6:00pm to 7:00pm	29
30 Worship Service 11:00am with Patty Kidder  AA in Vestry 5:00pm to 6:15pm	31 Office is closed for New Year's Day					



## Storm Cancellation Information

Sanford Unitarian Universalist Church service and event cancellations are announced on the following television stations: WCSH 6, WMTW 8 and WGME 13. You may also receive the latest information regarding cancellations by calling the church office (324-3191) for the latest recording, check the top of our website or our Facebook page. In addition, a congregational email will be sent.

## Candles Lit in Memory or Honor of a Loved One

Light a candle on Christmas Eve in memory or honor of a loved one. Donations are welcome.

In Honor/Memory of \_\_\_\_\_

Your name: \_\_\_\_\_

Please leave your donation and information in the office or in the offertory plate. Thank you.

## Christmas Eve Service

Join us Monday, December 24th at 7:00pm for a special candlelit service, complete with vocal and bell choir, harp music and the UU Notes. Childcare will be provided and light refreshments will be served. Everyone is welcome!



*Happy and Safe Holidays to All!*

**Refreshments for  
Christmas Eve Service**

Our traditional Christmas Eve Candlelight Service will be held at **7:00pm** on Monday, December 24th. Our SUUC bell and vocal choirs will perform and childcare will be provided. Following the service, join us for some refreshments provided by our amazing congregation. If you are able, we ask you to kindly bring finger foods, healthy snacks, or cookie treats. Coffee and other beverages will be available.

Thank you.

## Board 2018-2019

**President:** Diane Whiteside-Peck - June 30, 2019

**Vice President:** Karen Nelson - June 30, 2019

**Clerk:** Janie Waterhouse - June 30, 2020

**Financial Secretary:** Ginny Howe - June 30, 2020

**Treasurer:** Marcel Gagnon - June 30, 2019

**Liaisons:** Patty Kidder - June 30, 2019 - Judi Reis - June 30, 2020 - Cheryl Weymouth - June 30, 2021

**DREs:** Ryan and Mesha Quinn

## Church Leadership 2018-2019

Building and Grounds: Bob McCormick

Caring Circle Chair: Gail Burnett

Choir: Charles Grindle

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane

Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay

FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom

Fundraising Coordinator: Jan Sacco

Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: John Steffens, Peg Sawyer, Art Dumas, Howard Dupee

Members and Friends: Tonia Chase

Music Committee Chair: Melody Wood

Nominating Committee: Lisa Huestis 2019, Vickie Bugado 2020, David Agan 2021

Religious Education Committee:

Stewardship/Members: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie Waterhouse

**Caring Circle** - Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness or in the event of hospitalization. Please call Gail at 324-1596 if you need assistance.

**Minister** - Rev. Shay MacKay. In the event of a pastoral emergency, please contact Rev. Shay at 207-518-8059 or at revshaymackay@gmail.com Shay's office hours are on Mondays from 11:00am-5:00pm and Tuesdays 2:30pm-5:30pm

**Administrative Office Hours** - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org

**Co-Directors of Religious Education** - Mesha and Ryan Quinn - dre@sanforduuchurch.org

## UUCSB Leadership

**President:** Al Casad

**Vice President:** Niki Norman    **Secretary:** Ron Hiser

**Treasurer:** Wendy Coleman    **Collector:** Betsey Pace

**At Large:** Mojens Ravn, Pat Snyder, James Stranderfer, Anne Dobson

Please contact UUCSB at uuchurch@gwi.net for contact information

## SUUC Church and Community Groups

**AA Meetings:** AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in Vestry

**Board Meeting:** Monday, December 10th - potluck at 5:30pm and meeting runs 6:00pm-8:00pm

**Book Group:** No meeting in December, next meeting is January 25 at 6:00pm in Goodall Hall

**Brown Bag Suppers with Rev. Shay** - Mondays from 5:00pm-6:30pm in the Parlor through the end of May

**Choir:** Please see calendar in newsletter

**Church Work Party:** The next work day will be held on Saturday, December 8th from 8:00ish-noon

**Corner Cupboard:** Next date the CC is open is December 15th from 10:00am-1:30pm.

**Maine Transgender Network (MTN):** Meets on the first Tuesday of the month at 6:00pm in the Parlor and GH and the third Tuesday of the month at 6:00pm in Parlor

**Music Lessons:** Mondays 4:30pm-7:00pm and Wednesdays 9:00am - 11:00am in the Sanctuary

**Narcotics Anonymous:** Meets every Wednesday in the Vestry from 7:00pm to 9:30pm

**Project CommUnity:** Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm.

**Violence No More:** Every Thursday at 5:00pm in the Vestry

**Women's Alliance:** Meets the second Wednesday of every month at noon

**Worship Associates:** Sunday, January 13th from 12:30pm to 2:30pm