



Sanford Unitarian Universalist Church
UU NOTES Volume XLIII
January 2, 2019, Issue 7

Sanford UU Church
5 Lebanon Street
Sanford, ME 04073
Telephone: 207-324-3191
E-mail: info@sanforduuchurch.org
www.sanforduuchurch.org
Like us on Facebook
Minister: Rev. Shay MacKay
Religious Education: Mesha and
Ryan Quinn
Choir Director: Rev. Charles Grindle
Pianist: Ruth Leipold
Newsletter Editor: Mona Ouellette
Church Historian: Helen Kane
Maintenance/Sexton: Bill Ouellette

UUA PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- * The inherent worth and dignity of every person.
- * Justice equity, and compassion in human relations.
- * Acceptance of one another and encouragement to spiritual growth in our congregations.
- * A free and responsible search for truth and meaning.
- * The right of conscience and the use of democratic process within our congregations and in society at large.
- * The goal of world community with peace, liberty and justice for all.
- * Respect for the interdependent web of all existence of which we are a part.

(Adopted by the 1984 and 1985 General Assemblies)



**Worship Services are held every Sunday at 11:00am - Coffee hour is held at 10:00am
Child Care is Provided - Everyone is Welcome!**

January 6th Service - *Justice Across Borders* - The service will be led by Worship Associate, Judi Reis.

Rev. Shay's January Sermons:

We all have the gift of creativity, we just have to learn how to open up and let our unique gifts flow through us. And sometimes, when we do, something larger than ourselves contributes and what we create is pure magic, pure light. Come, let's play together!

January 13th Service – *The Spirit of Creativity: Movement*

January 20th Service – *The Spirit of Creativity: Words*

January 27th Service – *The Spirit of Creativity: Music*



Shay's Sharing...

What do you tell people when they ask you to explain Unitarian Universalism? How do you describe your church and your faith to family and friends? It's not easy! I went through three years of seminary and I'm still not always sure what to say to accurately convey what it is I do and who my chosen people are.

And that's ok.

It's ok because our religion is a living, breathing thing inside each of us and moving throughout all of creation. Our faith is an ever-evolving movement of Spirit and Nature and Self, weaving in and out of each other as we continue our search for Truth and meaning. Sometimes what we do and who we are is an explosion of energy and light and action, vital and vibrant in this broken world. And sometimes the only thing that can convey the depth of our compassion and love is silence and stillness as we slow down to listen and learn.

But every so often, we find ourselves with an opportunity to share who we are and what we believe; every so often the world needs us to stand up and be proud to say we are Unitarian Universalists and this is what that means. And so, we develop elevator speeches – short summaries that can be spoken in the time it takes to travel between floors – that we can pull out when someone asks us to explain. I've had many throughout the years, and mine is always evolving, as my faith does or as the need does, but here's the best one I've come up with so far:

As a Unitarian Universalist, my search for Truth is my own and that can take shape in whatever form works for me. However, how I am in the world, how I behave within the interconnected web of all existence, is governed by a belief in the sanctity of, and respect for, the Earth, myself, all other beings, and the spiritual journey we're all on.

In other words, anything that desecrates or disrespects anything else is not cool.

Our worship theme for January is the Spirit of Creativity, so in that vein, I encourage you to explore your own "elevator speech." How can you share who you are and what you believe in a way that is interesting and exciting? How do you express your faith, your journey, your soul to the world? What are ways in which we can keep our religion relevant and transformative, while remaining true to our guiding principles and the sources from which we draw inspiration?

What do you want the world to know about Unitarian Universalism and how do you want to tell that story?



Thoughts From the President

At the December Board of Management meeting, several Social Justice issues in which our church might want to more fully engage were discussed. Plans to show the documentary films, “Shadows Fall North” (slavery in Portsmouth, NH) and “Dawnland” (forced adoption practiced on Maine Native families), are being made for February, in conjunction with Project CommUnity and REACH – look for more details soon. Research into local groups providing assistance to homeless people, grandparents raising grandchildren, and immigrant families is also being conducted, and the congregation's input will then be surveyed.

Plans are also being made for Sexton Bill to guide us in the location and use of church fire extinguishers and exits. Look for a late January date on this.

Last of all, I appeal to each of you to please sign up to Greet from 10:00 to 10:55 on Sunday mornings. Being cheerfully welcomed as our members, friends, and most importantly, visitors enter the church represents who we are and how we care. First impressions are lasting impressions! In hope and gratefulness, Diane

Update from Committee on Right Relations

How is it that we cultivate relationships that allow us to be our authentic selves and to offer that same opportunity to others? Can we make our oral commitment each Sunday, creating the spirit of love in our community, more of a reality? What does welcoming diversity really look like? Is there a path to working together when we disagree? How do we extend compassion to someone whose behavior offends us? Do we know how to foster healing and reconciliation when a relationship has been damaged? These are just some of the questions your Committee on Right Relationship is considering as we strive to fill in the colors and details of creating our beloved community at SUUC.

In the New Year we will be moving this discussion into the broader community so everyone can help us find the things that matter most and identify concrete ways to bring them into being. E. E. Cummings offers the following thoughts, “We do not believe in ourselves until someone reveals that deep inside us something is valuable, worth listening to, worthy of our trust, sacred to our touch. Once we believe in ourselves we can risk curiosity, wonder, spontaneous delight or any experience that reveals the human spirit.” We look forward to joining our hearts and minds to make this an increasing reality for each of us.

SUUC Book Group

The SUUC Book Group will meet January 25 at 6:00pm in Goodall Hall to discuss Alan Lightman's *Searching for the Stars on an Island in Maine*. From the acclaimed author of *Einstein's Dreams*, here is an inspired, lyrical meditation on religion and science that explores the tension between our yearning for permanence and certainty, and the modern scientific discoveries that demonstrate the impermanent and uncertain nature of the world. All are welcome.



Continued...

MUUSAN

The next meeting of MUUSAN Network (Maine Unitarian Universalist State Advocacy Network) will be held on Saturday, January 12, 10:00-12:00 at the UU Community Church of Augusta, 69 Winthrop Street in Augusta. MUUSAN has received an exciting holiday gift in the shape of a Governor and two houses of the Legislature much more sympathetic to our mission. We can expect Medicaid expansion immediately, after years of work! Our January meeting will be filled with other good news and lots of exciting hopes and plans. Please come and join fellow UUs from 16 congregations to kick off a great New Year!

Brown Bag Suppers with Rev. Shay - Mondays from 5:00pm to 6:30pm

Rev. Shay will be eating her supper in the Parlor from 5:00pm to 6:30pm every Monday, through May. Everyone is invited to come hang out for a time of getting-to-know-you and informal conversation. Bring your own supper and spend some time building relationships that will nourish your soul.

Audition Notice

Terrance McNally's passion play, *Corpus Christi*, recounts the birth, death and resurrection of a young, gay man living in Corpus Christi, Texas. Experience the powerful story of Joshua who, different from the other boys because of his homosexuality, grows up in isolation and torment. Fleeing his home, he gathers a group of disciples who are drawn to his radical message of love and tolerance. Our Theater is presenting the play, *Corpus Christi* at the SUUC in April. Rehearsals will begin late January through March. Auditions for the play will be held at the SUUC on Saturday, January 5th from 2:00pm to 5:00pm. Seeking 12 men and women, all ages and types. (LGBTQ & S) Please prepare a one minute dramatic or seriocomic monologue and bring a headshot and resume.

Our Beautiful Christmas Eve Service



**Everyone had a Wonderful Time at the “Celtic Harp on Holiday!” With Regina Delaney
On December 9th!**



Harp duet



Pat and family



Neighborly neighbors



Harpers ready



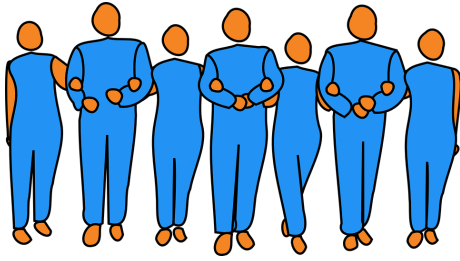
Wicked good friends



Cool harp fans



Scientist, activist



Linking Arms with Our Sister Church in Saco

Alphabet Soup - January 2019 Calendar of Events

All are invited to join!

Dining Out at Mulligans - Thursday, January 3rd from 7:00pm-9:00pm at UUCSB

Group Board Game Night– Thursday, January 10th from 7:00pm-9:00pm at UUCSB

Dining with Sage - Thursday, January 17th from 7:00pm-9:00pm at UUCSB

Alphabet Soup Hosting a Reception for the GAYLA Reunion - Friday, January 18th from 4:00pm-9:00pm at Engine, 128 Main Street in Biddeford

Open Forum Night - Thursday, January 24th from 7:00pm-9:00pm at UUCSB

Gay Themed Movie Night - Thursday, January 31st from 7:00pm-9:00pm at UUCSB

Geography of Grace

The Geography of Grace is an adult faith formation workshop led by Rev. Shay. If you have signed up for this workshop, (This is a registered group only as the deadline to RSVP to Rev. Shay was December 31st.) a reminder that the group will meet at the Sanford UU Church on Monday mornings from 10:00am to 12:00pm in Rev. Shay's office. Geography of Grace classes at SUUC will be held on January 7, 14, 21, 28, February 4, 11, 18 and March 4, 11, 18, 25.

Fundraising

It has been decided not to have a ReGifting Raffle table this year. Jan and others would like everyone to save their goods for a Spring Auction instead. More information will be coming later in the year.

Support the Work of the UUSC by Donating to the Guest at Your Table Fundraiser

Rampant violence in Guatemala, Honduras, and El Salvador makes this region – known as the Northern Triangle – one of the most dangerous in the world. In a mass exodus of Central American asylum-seekers not seen since the 1980s, hundreds of thousands of people are fleeing the area in an attempt to escape alarming rates of homicide, gender-based assault, gang violence, and increased militarization. For migrants who survive a difficult and often dangerous trek through Mexico, the hardships continue. Those seeking asylum in the U.S. – many of whom have repeatedly had their basic human rights violated along the way – are persecuted further by being separated from their families, charged with federal crimes, and forced into intolerable detention facilities with little access to legal representation.

UUSC is responding to the Central American migrant crisis hand-in-hand with nearly a dozen grassroots organizations to provide direct aid along the migration route, to ensure due process upon arrival in the United States, and to address the root causes of injustices so that those living in the Northern Triangle will not need to flee in the first place. Our grassroots partnerships allow UUSC to assist overlooked and oppressed populations in hard-to-reach corners of the world. Never forgetting our nation's long history of supporting Central American dictators with abysmal human rights records, UUSC is tirelessly working with our partners on the ground to protect migrants' rights and their futures every step of the way.

Bring your GAYT boxes or a check made out to UUSC (not SUUC) Sundays, January 6th, 13th, or 20th

A donation of \$40 or more earns annual UUSC membership benefits.



FEDCO SEED SALE 2019 “Think Spring”

It is that time again!

The Sacco family will be coordinating a group order of seeds, potato and onions sets and other growing supplies for spring gardens.

These seeds, sets and supplies, come from a Maine-owned cooperative run by the Maine Organic Farmers and Gardeners known as FEDCO (www.fedcoseeds.com). Maine and NE grown – these are hardy, untreated and organic varieties.

Please support a Maine cooperative and a sustainable lifestyle by buying your seeds, potato and onion sets, and growing supplies during this year’s sale. Any extra proceeds from the group order will go to the church. Catalogs are available to borrow or keep. Take one to review over the holiday or check out the catalog online at <http://www.fedcoseeds.com/>. You can use the order forms in the catalog or one of the extras provided. See below for more information on how to order.

All orders and prepayment in the form of cash or a check made out to SUUC must be received on or before Sunday, January 20, 2019.

Any Questions? Contact Jan Sacco at jrsacco@metrocast.net or 207-457-9268.

How to fill out your order forms:

1. Select appropriate order form – there are 3 types depending on what you are ordering: Fedco Seeds, Moose Tubers, and Organic Growers Supply, **THIS IS VERY IMPORTANT – IF YOU PUT THEM ON THE WRONG FORM THEN I HAVE TO REWRITE THEM ON THE CORRECT FORM.**
2. On each order form enter “SUUC” under Farm or Group Name.
3. Under that, fill out your name, address, and contact information.
4. Please check the box about whether or not you will accept substitutions – if you do not then I will check the box that says that you will accept them.
5. **DO NOT SPECIFY** a delivery option – I will be doing that.
6. Select the items you want and write them on the order form – **MAKE SURE IT IS THE RIGHT ONE!**
7. Now, add up the total for all your items and put that number in the box marked “Subtotal.”
8. Now, add in sales tax
9. **DO NOT ADD ANY SHIPPING CHARGES**
10. **YOUR CHECK TO SUUC:** Provide cash or make out a check to SUUC for the total amount of your order on all order forms + **10% of that total.** This fee plus any small discount we receive for the group order will be donated to the church. **The larger our order, the greater the discount.** The Saccos will pick up the orders when they arrive and distribute them to you.
11. **IMPORTANT:** If you want to donate to MOFGA or buy a membership you must make out a check to MOFGA separately and attach it to your order form. We will include it with your order.



January



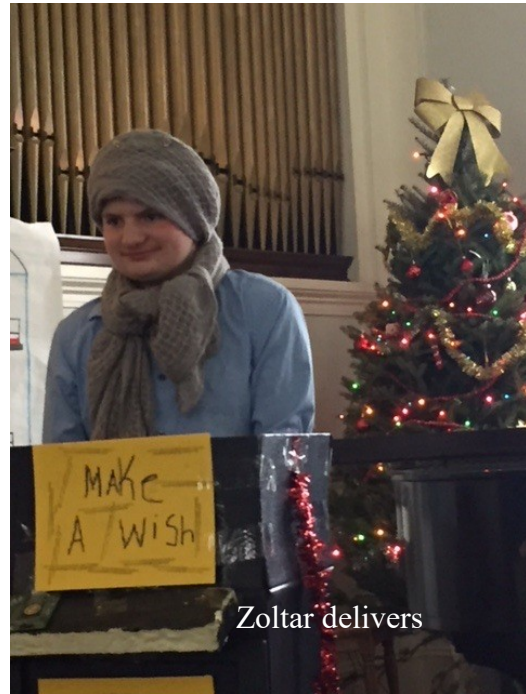
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*This workshop is for a registered group only, people who signed up with Rev. Shay before the December 31st deadline</p>		<p>1 New Year's Day</p> <p>MTN meeting in Parlor and GH 6:00pm</p>	<p>2 Newsletter Day</p> <p>Project Com. 6:30pm-8:30pm in Goodall hall</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>3</p> <p>VNM Vestry 5:00pm</p>	<p>4</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p>	<p>5</p> <p>Our Theater auditions in Sanctuary 2:00-5:00</p>
<p>6</p> <p>Worship Service 11:00am with Judi Reis</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>7 *Geography of Grace with Rev. Shay at SUUC 10-12 Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p> <p>Choir rehearsal</p>	<p>8</p>	<p>9</p> <p>Women's Alliance meeting at noon</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>10</p> <p>VNM Vestry 5:00pm</p>	<p>11</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p>	<p>12 Church Work Party 8:00ish to noon</p>
<p>13</p> <p>Worship Service 11:00am with Rev. Shay</p> <p>Worship Associate meeting 12:30-2:30pm</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>14 *Geography of Grace with Rev. Shay at SUUC 10-12 Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p> <p>Board Meeting 5:30pm potluck, meeting 6:00pm-8:00pm</p> <p>Choir rehearsal</p>	<p>15</p> <p>MTN meeting in Parlor 6:00pm</p>	<p>16</p> <p>Project Com. 6:30pm-8:30pm in Goodall hall</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>17</p> <p>VNM Vestry 5:00pm</p>	<p>18 CC sets up</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in GH</p>	<p>19 CC Open 10:00am to 1:30pm</p>
<p>20</p> <p>Worship Service 11:00am with Rev. Shay</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>21 *Geography of Grace with Rev. Shay at SUUC 10-12 Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p> <p>MLK Day</p> <p>The office is closed</p>	<p>22</p>	<p>23</p> <p>Our Theater meeting in Sanctuary 6:00pm-9:00pm</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>24</p> <p>VNM Vestry 5:00pm</p>	<p>25</p> <p>Book Group meets in Goodall Hall 6:00pm</p> <p>AA in Vestry 6:00pm to 7:00pm</p> <p>Al-anon 6:30pm-7:30pm in Parlor</p>	<p>26</p> <p>Our Theater rehearsal Sanctuary 3:00pm-6:00pm</p>
<p>27</p> <p>Worship Service 11:00am with Rev. Shay</p> <p>AA in Vestry 5:00pm to 6:15pm</p>	<p>28 *Geography of Grace with Rev. Shay at SUUC 10-12</p> <p>Our Theater rehearsals Sanctuary 6:00pm-9:00pm</p> <p>Brown Bag Supper with Rev. Shay in the parlor 5:00pm-6:30pm</p>	<p>29</p>	<p>30</p> <p>Our Theater rehearsals Sanctuary 6:00pm-9:00pm</p> <p>Narcotics Anon. in Vestry 7:30pm to 9:00pm</p>	<p>31</p> <p>VNM Vestry 5:00pm</p>		

December 16th RE Play
BIG

(Or...Be careful what you wish for as it might come true.)



Presence Under the Tree



Zoltar delivers



Dynamic Duet



Mean Old Guy



RE Chorale



A Pair of Pageant Presenters

Board 2018-2019

President: Diane Whiteside-Peck - June 30, 2019

Vice President: Karen Nelson - June 30, 2019

Clerk: Janie Waterhouse - June 30, 2020

Financial Secretary: Ginny Howe - June 30, 2020

Treasurer: Marcel Gagnon - June 30, 2019

Liaisons: Patty Kidder - June 30, 2019

Judi Reis - June 30, 2020

DREs: Ryan and Mesha Quinn

Church Leadership 2018-2019

Building and Grounds: Bob McCormick

Caring Circle Chair: Gail Burnett

Choir: Charles Grindle

Church Historian: Helen Kane

Corner Cupboard: Peg Sawyer, Judi Reis, Dee Ames, Helen Kane

Covenant of Right Relations Team: Aileen Fortune, Melody Wood, Lee Burnett, Karen Nelson, Rev. Shay

FIAT (Faith in Action Team): Patty Kidder

Finance Committee: Peg Sawyer, Pat Herrick, Ginny Howe, Deb Folsom

Fundraising Coordinator: Jan Sacco

Homesteaders: Jan Sacco, Melody Wood

Investment Management Committee: John Steffens, Peg Sawyer, Art Dumas, Howard Dupee

Members and Friends: Tonia Chase

Music Committee Chair: Melody Wood

Nominating Committee: Lisa Huestis 2019, Vickie Bugado 2020, David Agan 2021

Religious Education Committee:

Stewardship/Members: Helen Kane

Women's Alliance: Nancy Farnham

Worship: Rev. Shay MacKay

Worship Associates: Rev. Shay, Patty Kidder, Mesha Quinn, Tom Huber, Beverly Brent, Judi Reis, Jan Sacco, Janie Waterhouse

Caring Circle - Gail Lemley Burnett is in charge of our Caring Circle for providing help in case of illness or in the event of hospitalization. Please call Gail at 324-1596 if you need assistance.

Minister - Rev. Shay MacKay. In the event of a pastoral emergency, please contact Rev. Shay at 207-518-8059 or at revshaymackay@gmail.com Shay's office hours are on Mondays from 11:00am-5:00pm and Tuesdays 2:30pm-5:30pm

Administrative Office Hours - Monday, Wednesday, Thursday, Friday - 7:00am to noon info@sanforduuchurch.org

Co-Directors of Religious Education - Mesha and Ryan Quinn - dre@sanforduuchurch.org

UUCSB Leadership

President: Al Casad

Vice President: Niki Norman **Secretary:** Ron Hiser

Treasurer: Wendy Coleman **Collector:** Betsey Pace

At Large: Mojens Ravn, Pat Snyder, James Stranderfer, Anne Dobson

Please contact UUCSB at uuchurch@gwi.net for contact information

SUUC Church and Community Groups

1. AA Meetings: AA meetings are held every Sunday from 5:00pm-6:15pm and Fridays 6:00pm-7:00pm in the Vestry
2. Al-anon Meetings: Fridays in GH 6:30pm-7:30pm and meeting in the Parlor on days the Book Group meets in GH
3. Board Meeting: Monday, January 14th - potluck at 5:30pm and meeting runs 6:00pm-8:00pm
4. Book Group: Next meeting is January 25 at 6:00pm in Goodall Hall
5. Brown Bag Suppers with Rev. Shay - Mondays from 5:00pm-6:30pm in the Parlor through the end of May
6. Choir: Rehearsals January 7th and 14th
7. Church Work Party: The next work day will be held on Saturday, January 12th from 8:00ish-noon
8. Corner Cupboard: Next date the CC is open is on January 19th 10:00am-1:30pm.
9. Geography of Grace Workshop: With Rev. Shay at the SUUC 10:00-12:00 - See calendar in newsletter
10. Maine Transgender Network (MTN): Meets on the first Tuesday of the month at 6:00pm in the Parlor and GH and the third Tuesday of the month at 6:00pm in Parlor
11. Music Lessons: Lessons are given on Mondays 4:30pm-7:00pm and on Wednesdays 9:00am - 11:00am in the Sanctuary
12. Narcotics Anonymous: Meets every Wednesday in the Vestry from 7:00pm to 9:30pm
13. Our Theater audition, rehearsals, see calendar
14. Project CommUnity: Meetings are held on the first and third Wednesday of each month in Goodall Hall from 6:30pm-8:30pm.
15. Violence No More: Every Thursday at 5:00pm in the Vestry
16. Women's Alliance: Meets the second Wednesday of every month at noon
17. Worship Associates: Sunday, January 13th from 12:30pm to 2:30pm